

**S.B.P. D.A.V. CENTENARY PUBLIC SCHOOL, FATEHABAD
CO-CURRICULAR ACTIVITIES PLANNER**

MONTH-MARCH

SESSION-2020-21

**THEME OF THE MONTH : TRUTHFULNESS
LIFE SKILL OF THE MONTH: SELF AWARENESS**

HOUSE ON DUTY: PRAGATI

HOUSE WARDEN: MRS. SUJATA

DATE	DAY	ACTIVITY
20.03.2020	Friday	Special hawan on the beginning of session
21.03.2020	Saturday	Special Assembly on Sardar Bhagat Singh
31.03.2020	Tuesday	Cleanliness of School Campus/ Class Meeting on SEWA
* Yoga /Aerobics-XII Girls		
* Indigenous games activity-XII Boys		
Mass P.T/ Aerobics in Assembly		

MONTH-APRIL

SESSION-2020-21

**THEME OF THE MONTH : WOMEN EMPOWERMENT
LIFE SKILL OF THE MONTH: PROBLEM SOLVING**

HOUSE ON DUTY: PRAGATI

HOUSE WARDEN: MRS. SUJATA

DATE	DAY	ACTIVITY
01.04.2020	Wednesday	Special assembly on Ram Navami
04.04.2020	Saturday	Seminar by Financial Literacy Club
07.04.2020	Tuesday	Special Assembly on World Health Day
11.04.2020	Saturday	PTM/ Workshop for parents on parenting
13.04.2020	Monday	Special Assembly on Baisakhi & Ambedkar Jayanti
13.04.2020 to 18.04.2020		Talent Hunt Week for Fresher
13.04.2020	Monday	News Anchoring & Singing Competition
15.04.2020	Wednesday	Poetic Recitation & Declamation
16.04.2020	Thursday	Portrait & Sketching Compt
17.04.2020	Friday	Best Drameaj/Dance/Mono-Acting Compt.
18.04.2020	Saturday	Sports Activities
18.04.2020	Saturday	Mahatma Hansraj Day Celebration-Rishi Vandan and Collection of Wheat for Orpanage
21.04.2020	Tuesday	Celebration of World Creativity and Innovation Day & Clay Moulding Compt..
22.04.2020	Wednesday	Earth Day Celebration by Eco Club
23.04.2020	Thursday	Special Assembly on World Book Day
25.04.2020	Saturday	General Efficiency Test(GET) VI-XII
27.04.2020	Monday	Maths Efficiency Test(MET) VI-XII
28.04.2020	Tuesday	English Efficiency Test (EET) VI-XII
29.04.2020	Wednesday	Science Efficiency Test (SET) VI-X & XI-XII(Sci.), Commerce Efficiency Test XI-XII(CET)
30.04.2020	Thursday	Class Meeting on SEWA, NSS One Day Camp (No Tobacco Campaign), Workshop on Disaster Mgt., Assessment of Life Skill

*Earth Day-Fixation of dustbin in various places

* NSS One Day Camp-Poster Making by XI and XII

* 1st April-15 April(Yoga- Girls Class XI), 16th April-30 April(Aerobics/Sports- Girls Class-XI)

* 1st April-15 April(Sports Activities- Boys Class XI Commerce), 16th April-30 April(Aerobics- Boys Class-XI Commerce)

* 1st April-15 April(Aerobics/Yoga- Boys Class XI Arts & Sci), 16th April-30 April(Sports Activities- Boys Class-XI Arts & Sci)

*Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-MAY

SESSION-2020-21

THEME OF THE MONTH : ROAD SAFETY
LIFE SKILL OF THE MONTH: DECISION MAKING

HOUSE ON DUTY: SHAKTI

HOUSE WARDEN: MRS. SUMAN CHAWLA

DATE	DAY	ACTIVITY
01.05.2020	Friday	Special Assembly on Labour day & Handwriting Compt (Hindi & English)
02.05.2020	Saturday	Special Assembly on National Fitness Day/Rally by ECO Club
04.05.2020	Monday	I- Activity Day (X-XII)
08.05.2020	Friday	*Mother's Day Celebration
09.05.2020	Saturday	PTM & Competition for Mothers
12.05.2020	Tuesday	House Meetings(VI-VIII)
13.05.2020	Wednesday	House Meetings(IX-XII)
18.05.2020 - 23.05.2020		I Unit Tests
30.05.2020	Saturday	NSS One Day Camp/Seminar on Vehicle Act for XI & XII by Legal Literacy Club, Assessment of Life Skills

* **Mother's Day Competition for Students**-Story/Poem Writing(VI-VIII), Jewellery Designing(IX-X),Essay/Story Writing(XI-XII)

* **Mother's Day Competition for Mothers**- Games/Activities

* 1st May-13 May(Yoga- Girls Class X), 14th May-30 May(Aerobics/Sports Activities- Girls Class-X)

* 1st May-13 May(Sports Activities- Boys Class X Jas, Rose,Tulip), 14th May-30 May(Aerobics/Yoga- Boys Class-X Jas, Rose, Tulip)

* 1st May-13 May(Aerobics/Yoga- Boys Class-X Daffodil, Lotus,Marigold) , 14th May-30 May(Sports Activities- Boys Class X Daffodil, Lotus,Marigold)

* Activity Day(X-XII) Singing, Choreography, Story Telling, Declamation, Debate and Poem Recitation
Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-JULY

SESSION-2020-21

THEME OF THE MONTH : VALUE OF TOLERANCE AND DEMOCRACY

LIFE SKILL OF THE MONTH: CRITICAL THINKING

HOUSE ON DUTY: SANSKRITI

HOUSE WARDEN: MR. NARESH

DATE	DAY	ACTIVITY
01.07.2020	Wednesday	School reopens
04.07.2020	Saturday	Seminar by Financial Literacy Club
13.07.2020	Monday	I-Activity Day (Class IX)
14.07.2020	Tuesday	I-Activity Day (Class VIII)
15.07.2020	Wednesday	I-Activity Day (Class VII)
16.07.2020	Thursday	I-Activity Day (Class VI)
18.07.2020	Saturday	Seminar on POCSO Act for Classes IX & XII by Legal Literacy Club
27.07.2020 to 01.08.2020		*Tarvey Namah Celebration /Establishment of Organic Park
27.07.2020	Monday	Special Assembly & Worshipping of Plants & Slogan Writing/Clay Moulding Compt.(VI & VII)
28.07.2020	Tuesday	Collage making Compt.-VIII & Carry Bag/ Envelope Making Compt.(IX)
29.07.2020	Wednesday	Rangoli Compt./Face Painting Compt.-X
30.07.2020	Thursday	Paper Mashe Compt.(XI) & Pamphlet Writing Compt. (XII), Class review meeting on SEWA, Assessment of Life Skills

* Activity Day for Class VI-IX(Greeting Card Making/Photo Frame Making/Declamation/Poetic Recitation/News Reading/Story Telling/Best Dramebaj)

* 1st July-15 July(Yoga- Girls Class IX), 16th July-30 July(Aerobics/Sports- Girls Class-IX)

* 1st July-15 July(Sports Activities- Boys Class IX Lotus, Jas, Rose), 16th July-30 July(Yoga/Aerobics- Boys Class-IX Lotus, Jas, Rose)

* 1st July-15 July (Yoga/Aerobics- Boys Class-IX Tulip, Daffodil, Marigold) , 16th July-30 July(Sports Activities- Boys Class IX Tulip, Daffodil, Marigold)

Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-AUGUST

SESSION-2020-21

THEME OF THE MONTH : CLEANLINESS AND SHRAMDAAN

LIFE SKILL OF THE MONTH: CREATIVE THINKING

HOUSE ON DUTY: JAGRITI

HOUSE WARDEN: MRS. MEENA ANAND

DATE	DAY	ACTIVITY
01.08.2020	Saturday	Beginning of Swachhata pakhwada & Open Competitions for VI-XII on Raksha Bandhan
04.08.2020	Tuesday	Slogan Writing Competition(IX-X)
05.08.2020	Wednesday	School March on waste mgt. & Water Conservation(IX-X)
06.08.2020	Thursday	Best Out of Waste Compt. (VI-VIII) & Green School Drive
07.08.2020	Friday	Special Assembly on Quit India Movement(VI-IX)Dustbin Making Compt.(XI),Painting Competition (XII)
08.08.2020	Saturday	PTM/Exhibition of Holidays Home-Work(Art Integration)
10.08.2020	Monday	Special Assembly on Janamashtmi /Hand Wash Day/Personal Hygiene Day
12.08.2020	Wednesday	Shramdaan in Swachhata Campaign (VI-XII)/Eco Quiz by ECO Club
13.08.2020	Thursday	Swachhata Action Day & Letter Writing Competition(IX-XII)
14.08.2020	Friday	Prize Distribution Day(Travey Namah & Swachhata Pakhwada)
15.08.2020	Saturday	Independence Day Celebration by Class VIII & IX
20.08.2020	Thursday	Special Assembly on Akshay Urja Diwas
29.08.2020	Saturday	Special Assembly on National Sports Day/ Seminar on cyber crime for XI & XII by Legal Literacy Club
31.08.2020	Monday	Class review meeting on SEWA, Assessment of Life-Skills,NSS One Day Camp,painting,Essay Writing, Quiz on Energy Conservation

* Open Competitions- VI-XII : Rakhi Making / Thali Decoration/Kalash Decoration

* 1st August-15 August(Yoga- Girls Class VIII)

* 1st August-15 August(Sports Activities- Boys Class VIII Lotus, Jas, Rose)

* 1st August-15 August(Yoga- Boys Class VIII Tulip, Daffodil)

Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-SEPTEMBER

SESSION-2020-21

THEME OF THE MONTH : SENSITIVITY TOWARDS ENVIRONMENT

LIFE SKILL OF THE MONTH: COPING WITH EMOTIONS & STRESS

HOUSE ON DUTY: KRANTI

HOUSE WARDEN: MR. VINOD

DATE	DAY	ACTIVITY
05.09.2020	Saturday	Teacher's Day Celebration
21.09.2020	Monday	Special Assembly on World Ozone Day by Eco Club
26.09.2020	Saturday	II-Activity Day Class -X
28.09.2020	Monday	II-Activity Day Class -XI
29.09.2020	Tuesday	II-Activity Day Class -XII
30.09.2020	Wednesday	NSS One Day Camp/Class review meeting on SEWA/ Assessment of Life Skills

* First Terminal Exams for class VI to XII(01.09.20-15.09.20)

* Activity Day Classes- X to XII Sandwich Making, Salad Decoration, Nutritious snacks Making

* 20th Sept-30 Sept(Aerobic/Sports- Girls Class-VIII)

* 20th Sept-30 Sept(Yoga/Aerobics- Boys Class-VIII Lotus, Jas, Rose)

* 20th Sept-30 Sept(Sports Activities- Boys Class-VIII Tulip, Daffodil)

Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-OCTOBER

SESSION-2020-21

THEME OF THE MONTH : SOCIAL SERVICES

LIFE SKILL OF THE MONTH: INTERPERSONAL RELATIONSHIP

HOUSE ON DUTY: PRAGATI

HOUSE WARDEN: MRS. SUJATA

DATE	DAY	ACTIVITY
01.10.2020	Thursday	Special Assembly on Gandhian Value
03.10.2020	Saturday	Seminar by Financial Literacy Club
09.10.2020	Friday	World Mental Health Day / *Activity Day (Class IX)
10.10.2020	Saturday	PTM
11.10.2020	Monday	World Girl Child Day Celebration/ *Activity Day (Class VIII)
15.10.2020	Thursday	Special Assembly on Missile Man's Day & Mahatama Anand Swami
16.10.2020	Friday	Cultural Fest
17.10.2020	Saturday	Seminar by Legal Literacy Club
24.10.2020	Saturday	UNO Quiz
26.10.2020	Monday	Science Efficiency Test (SET) VI-X & XI-XII(Sci.), Commerce Efficiency Test XI-XII(CET)
27.10.2020	Tuesday	General Efficiency Test(GET) VI-XII
28.10.2020	Wednesday	Maths Efficiency Test(MET) VI-XII
29.10.2020	Thursday	English Efficiency Test (EET) VI-XII
30.10.2020	Saturday	Special Assembly on National Unity Day & NSS one Day Camp/Class review meeting on SEWA

*Activity day (VIII-IX): Slogan Writing/ Poster Making/Collage Making/Portrait Making/Sketching/Painting

* Cultural Fest-Group Song/ Group Dance /Skit& Advertisement on Social Issues

* 1st Oct-15 Oct(Yoga- Girls Class VII), 16th Oct-30 Oct(Aerobics/Sports Activities- Girls Class-VII)

* 1st Oct-15 Oct(Sports Activities- Boys Class VII Lotus, Jas, Rose), 16th Oct-30 Oct(Yoga/Aerobics- Boys Class-VII Lotus, Jas, Rose)

* 1st Oct-15 Oct (Yoga/Aerobics- Boys Class-VII Tulip, Daffodil) , 16th Oct-30 Oct (Sports Activities- Boys Class VII Tulip, Daffodil, Marigold)

Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-NOVEMBER

SESSION-2020-21

THEME OF THE MONTH : FIT STUDENT, FIT INDIA

LIFE SKILL OF THE MONTH: EFFECTIVE COMMUNICATION

HOUSE ON DUTY: SHAKTI

HOUSE WARDEN: MRS. SUMAN CHAWLA

DATE	DAY	ACTIVITY
03.11.2020	Tuesday	Mehandi Rachao Compt(IX-XII)* Open Compt.
07.11.2020	Saturday	Seminar by Financial Literacy Club
11.11.2020	Wednesday	Open Compt. (VI-VIII) & Distribution of Candle & Sweets and Special Assembly on Diwali
12.11.2020	Thursday	Diwali Mela
19.11.2020 to 25.11.2020		Quami Ekta Week (X-XII)
21.11.2020	Saturday	Seminar by Legal Literacy Club
22.11.2020 to 28.11.2020		Fit India School Week
26.11.2020	Thursday	Celebration of Constitution Day/Seminar by Legal Literacy Club
28.11.2020	Saturday	Distribution of fruits-Orphanage/Hospital/Slum Areas

* Open Compt. (VI-VIII) Diya, Candle, Thali Decoration & Toran Making

* 1st Nov-15 Nov(Yoga- Girls Class VI), 16th Oct-30 Oct(Aerobics/Sports Activities- Girls Class-VI)

* 1st Nov-15 Nov(Sports Activities- Boys Class VI Lotus, Jas, Rose), 16th Nov-30 Nov(Yoga/Aerobics- Boys Class-VI Lotus, Jas, Rose)

* 1st Nov-15 Nov (Yoga/Aerobics- Boys Class-VI Tulip, Daffodil) , 16th Nov-30 Nov (Sports Activities- Boys Class VI Tulip, Daffodil)

Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-DECEMBER

SESSION-2019-20

MOTTO OF THE MONTH : COMMUNAL HARMONY

LIFE SKILL OF THE MONTH: EMPATHY

HOUSE ON DUTY: SANSKRITI

HOUSE WARDEN: MR. NARESH

DATE	DAY	ACTIVITY
01.12.2020	Tuesday	Special Informative assembly on World AIDS Day
10.12.2020	Thursday	Special Assembly on Human Rights Day
14.12.2020 to 26.12.2020		Pre-board exams (VIII-XII) & Unit Test(VI-VII)
23.12.2020	Wednesday	Special Assembly on Consumer Day
24.12.2020	Thursday	Shradhananad Balidan Diwas(Distribution Of Woollen Clothes)

Mass P.T/ Aerobics in Assembly

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-JANUARY

SESSION-2020-21

THEME OF THE MONTH : PEACE AND NON-VIOLENCE

HOUSE ON DUTY: JAGRITI

HOUSE WARDEN: MRS. MEENA ANAND

DATE	DAY	ACTIVITY
26.01.2021	Tuesday	Special Assembly on Republic Day

CO-CURRICULAR ACTIVITIES PLANNER

MONTH-FEBRUARY

SESSION-2020-21

THEME OF THE MONTH : SWADWSHI/LIVING TOGETHER

HOUSE ON DUTY: KRANTI

HOUSE WARDEN: MR. VINOD

DATE	DAY	ACTIVITY
01.02.2021 to 08.02.2021	Saturday	Blessing Ceremony for all classes

Mass P.T/ Aerobics in Assembly

*Tentative Schedule for Excursions and Trips - June,September to November

*Workshop For Teachers -May,July and November

* Inter-School Competitions- May, July,August,October, November, December

*Special Hawan on 1st workind day of every month for the students having their birthday in the respective month.

* Hawan for staff on 2nd Saturday day of every month.

Counselling Session for students of IX-XII

1	Building Self-Esteem
2	Emotions & You
3	Effective Stress Management
4	On Being Assertive-Coping With Peer Pressure
5	Preventing Substance Use & Abuse
6	Relationship and Attraction
7	Sex Education for adolescents
8	Effective Time Management
9	Body Image and the self
10	Risky Behaviour in adolescents
11	Managing anger

Counselling Session for students of VI-VIII

1	Sex Education
2	Body Image and the self
3	Personality Development
4	Managing anger
5	Bullying and its prevention
6	Effective Time Management
7	Personal Hygiene
8	Media Literacy
9	Emotions & You
10	Character Building
11	Moral Values
12	Relationship and Attraction

Counselling Session for Parents

- 1 Empowering Children
- 2 Raising a happy, high self esteemed child
- 3 Successful human being
- 4 Transmitting values to children
- 5 Understanding and dealing with challenging behaviour
- 6 Understanding child development

Our Focus is to generate

*** Anger Free Zone**

*** Single Use Plastic Free School Campus**

*** Healthy Life Style**

Cyber Club (2020-21)

Activities:

April, 2020

- # Introduction to the club and future plan of club
- # **Debate** on topic: Social Networking - is this our recent culture?
- # Role Play on topic "Technology Addiction" (IX-X)

May, 2020

- # 'Painting in Computer (2D/3D)' competition on topic Cyber Safety (VI-VIII)

June/July, 2020

- # Best Article/BLOG Award "Innovations of Information Technology-2020"
(Students have to collect information about innovative discoveries & inventions in year 2019 & 2020 in the field of IT and write an article/BLOG) [IX-X]

August, 2020

- # Poster/Collage Making Competition on topic 'Technology Addiction' (VI-VIII)

October, 2020

- # Presentation/Movie Making Competition (IX-X)

November, 2020

- # Game Making Competition/Cyber Exhibition (VI-X)

December, 2020

- # Cyber Literacy Quiz – 2 (IX-X)

